

THE WOMB SAUNA  
Ancient Herbal Steam Medicine for Women

# WOMAN'S CIRCLE OF *Empowerment*

**HELPING WOMEN ACCESS THEIR  
POWER TO #HEALEVERYTHING**



*Healing starts with a decision.*



## To truly heal from the inside out, It requires a lifestyle shift.

The Womb Sauna is excited to create a community of women dedicated to healing. We are re-socializing the modern woman by changing the old stories of feeling alone, misunderstood, and isolated. Enrolling in this tribe is one of many steps that will transform your life. So often we know what we need to do, but we get stuck. **We try to do too much alone.**

The Woman's Circle of Empowerment is an intimate, committed, in it to win it, group of women who create a covenant of trust and accountability.

- ❖ We unveil.
- ❖ We are present.
- ❖ We are diligent.
- ❖ We are supportive.

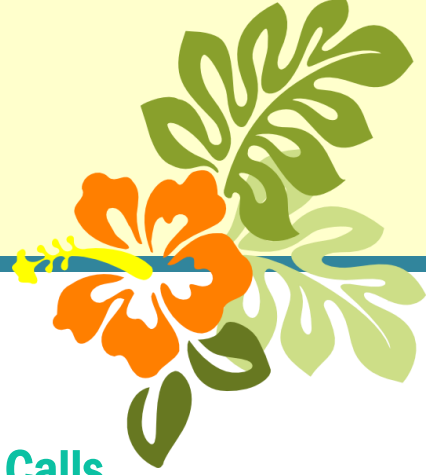
**We heal.** The Woman's Circle of Empowerment is founded on the principle that healing your womb, transforms your life. We are teaching women the power of what happens after "the pot": a womb sauna yoni steam experience. The more healing moments you have with support and accountability, the more empowered you become.

We are a community that nurtures and nourishes the mind, body, and spirit of women. Our curriculum is designed for your consistent, exciting, personal and social development.

Get ready to position yourself for an amazing journey with women just like you! We are living, being, and cultivating a legacy of feminine power, womb wisdom, and grace. Is it work? Yes. Will it change your life? Absolutely!

*We welcome you!*

# What's Included



## Access to LIVE Womb Healing Calls & Call Recordings

Thema Azize Serwa for years has hosted a weekly womb healing call that has transformed women's lives all over the world. Our WCOE members will now have exclusive access to these calls & the recordings.



## 24/7 Online Access to our Womb-Care Course Catalog with 20 Different Courses

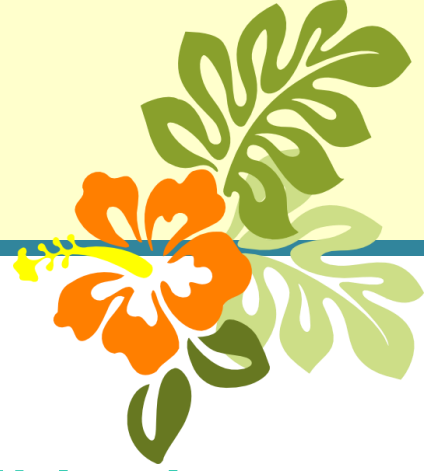
This learning content teaches you how to heal your womb in a way that transforms your life. Thema Azize Serwa teaches you how to nourish the womb of your mind, the womb of your body, and the womb of your spirit.



## Interfaith Rituals to Support Your Spiritual & Emotional Development

Your womb needs your spiritual evolution to truly recover from the traumas of your life. The WCOE creates a sacred and safe space for that evolution providing tools to help you redefine your spiritual practice.

# Womb-Care Course Catalog

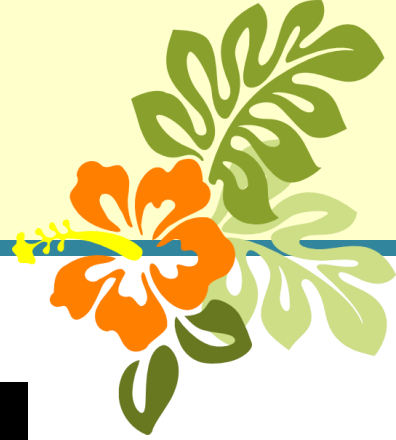


**Once enrolled, you receive a login and password and are assigned to the WCOE Membership Course in the Womb Sauna University.**

*All courses are on-demand courses available online, 24/7. For course descriptions go to [www.thewombsaunauniversity.com](http://www.thewombsaunauniversity.com).*

1. Are You Disconnected from Your Womb
2. 5 Day Transformational Detox
3. The 1-Day Anger Cleanse
4. Balance Your Hormones
5. Your Womb Health as Your Life's GPS System
6. Fibroids: Your Womb Grows What's Hidden
7. PCOS: The Master Teacher of Ancestral Work
8. Natural Remedies for Yeast Infections
9. Happy Womb, Happy Period
10. Healing Endometriosis the Holistic Way
11. From Infertility to In-Fertility
12. STDs: Tools for Self-Discovery
13. Embracing the Crone: Transitioning into Menopause
14. Healing Your Body from Birth Control and HRT
15. Top 5 Reasons to Experience a Vaginal Steam
16. Yoni Eggs: Precious Agents of Healing
17. Gemstones for Womb Healing
18. Best Essential Oils for Womb Healing
19. Healing Your Womb through Reiki
20. Belly Art for Womb Healing

# Enrollment Process



*Rev High Priestess Thema Azize Serwa*

-or- [Click here to listen to Thema's Welcome Message](#)

**Click the button below to enroll**

*Yes!* SIGN ME UP