

THE WOMB SAUNA

Ancient Herbal

Steam Medicine for Women



Offering Top of the Class Education in Wholistic Medicine



Womb Sauna Practitioner Certification Course Catalog

BE A PART OF THE GLOBAL SHIFT
IN WOMEN'S HEALTHCARE!

Self-Care is where it begins...

You cannot give what you do not have yourself.



All of our Certified Womb Sauna Practitioners experience the joys of nurturing their own womb, *first*, and experiencing the journey that they will be walking their clients through in understanding their WombStory. In addition, you will learn about the company and our goals and where you are positioned within our company. This is called **Phase 1** of our training program and includes five modules.

Modules 1 through 5:

Module 001: The Call to Womb Work

Module 002: What's Your WombStory

Module 003: Understanding the Biopsychosocial Model for Womb Care

Module 004: Principles, History, Mission, & Vision

Module 005: Refining Modern Women's Healthcare

Understanding the value of the holistic approach to healthcare...

To achieve healing, it requires the biopsychosocial approach.

Certified Womb Sauna Practitioners specialize in helping women understand the root cause(s) of their imbalances and their entry point into healing. This is achieved through learning about the tools that are incorporated in the Womb Sauna method of vaginal steaming and our unique Attunement to Intuitive Womb Healing. Each practitioner then practices their intuitive gift to become more comfortable with using it with clients. This is called **Phase 2** of our training program and includes two modules.

Modules 6 through 7:

Module 006: The Womb Sauna Method of VagSteaming 101

Module 007: Attunement to Intuitive Womb Healing



The Womb Sauna experience is life-changing!

Vaginal steaming is a sacred art!

Phase 3 of our training program teaches the day-to-day procedures for our method of vaginal steaming for proactive care, womb imbalances, post-partum steaming, best practices for sanitation and safety, and contraindications for vaginal steaming. Our practitioners also learn how to design their own kit, herbal blends, as well as foundational business tools for client intake procedures, waiver of liability policies, insurance, and more. **Phase 3** of our training program includes three modules and **an apprenticeship** for graduation.



Modules 8 through 10:

Module 008: The Womb Sauna Method of VagSteaming 102

Module 009: Marketing & Inventory Management

Module 010: Additional Trainings & Apprenticeship

Course Descriptions



There are no limitations. There are no obstacles. Knowledge is power.

The Call to Womb Work – Module 001

Womb work is a sacred work. How do you know that you are passionately aligned with that work for the reasons that elevate you and your clients? This course walks you through understanding the current global awakening around womb healing and how ancient herbal steam medicine is positioned within it. There is also a brief history of ancient herbal steam practices in various cultures. By the end of the course you will get to decide YOUR position in this amazing time.

What's Your WombStory? – Module 002

Every womb has a voice and a story to tell. In order for you to successfully service other women you must first align with your own womb's story and make peace, create balance, and learn yourself how to hear the voice of your womb and how she speaks. To cultivate that there is a *7 day process* of cleansing and spiritual nourishment with this module to go within yourself and take inventory of what's in your womb.

Understanding the Biopsychosocial Model for Womb Care – Module 003

Learn human composition from the biopsychosocial model as well as the composition of the womb to properly map imbalances at all levels and entry points for healing energy that will support the healing experience in a Womb Sauna Vaginal Steam.

The Womb Sauna: Principles, History, Mission, & Vision – Module 004

Learn how The Womb Sauna has pioneered the modern awareness of ancient herbal steam medicine and created a mobile method that has reached women all over the world.



Course Descriptions Continued



There are no limitations. There are no obstacles. Knowledge is power.

Refining Modern Women's Healthcare – Module 005

Learn the advantages of both natural and modern medicine and how to counsel your clients on which paths to take for optimal health. Learn how to support clients who value an integrative approach to their healthcare.

The Womb Sauna Method of VagSteaming 101 – Module 006

Learn about the foundational tools that make The Womb Sauna VagSteam a unique experience for clients.

Attunement to Intuitive Womb Healing – Module 007

To be a Womb Sauna Practitioner one must be in tune with their intuitive gift. This module will teach you how to become in tune with that gift and use it as a healing instrument for your clients and create a healing cord with your clients.

The Womb Sauna Method of VagSteaming 102 – Module 008

Learn how to prepare your own mobile womb sauna kit and start implementing our unique 12 step method of vaginal steaming. This is the longest and most comprehensive module in training and ensures that you can function at a high level professionally and safely as a Certified Womb Sauna Practitioner.

Marketing & Inventory Management - Module 009

Embrace the spirit of entrepreneurship! Part of your success as a Womb Sauna Practitioner includes sound business strategies and infrastructure. This module will lay the foundation for your success AS A NEW Certified Womb Sauna Practitioner!



The Apprenticeship



Be a part of the cultural shift with women's healthcare!

Additional Training & Apprenticeship – Module 010

Go ahead and wrap your arms around yourself because you are approaching the finish line! The apprenticeship consists of servicing 3 women at no cost and uploading proof of service and testimonials of their Womb Sauna experiences.

You now have completed this portion of your training and as a graduate will have the resources and support of our [Continued Education program](#) to keep sharp as an industry leading professional in vaginal steaming. You even have the opportunity to become a [CWSP trainer and teach](#) other women our art of vaginal steaming!



I am ready to get started!

[Click here](#) to complete the application and become a part of the Womb Sauna Practitioner Family!

Questions? Call 1-888-576-WOMB(9662)