

THE WOMB SAUNA
Ancient Herbal Steam Medicine for Women

WOMAN'S CIRCLE OF Empowerment

**RE-SOCIALIZING THE
MODERN WOMAN**



Program Guide & Schedule

January 2015 through December 2015

Now is the time to move forward.



Join us in creating the sisterhood experience you envision by becoming that which you seek!

The Womb Sauna is re-socializing the modern woman by changing the old storyboards of feeling alone, misunderstood, and isolated. Enrolling in this program is one of many steps that will transform your life. So often we know what we need to do, but experience blockages and stagnation in our efforts.

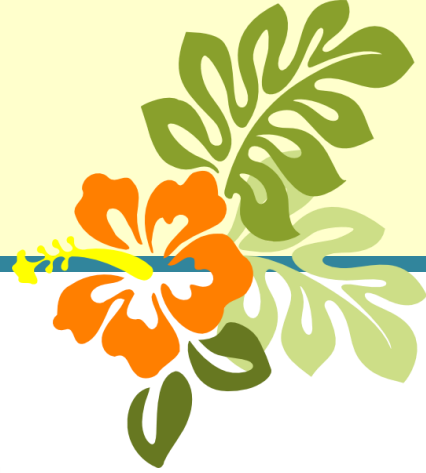
The Woman's Circle of Empowerment is an intimate, committed, in it to win it, group of women who create a covenant of trust and accountability. We unveil. We are present, we are diligent, and we are supportive.

The Woman's Circle of Empowerment is also a network of wealth. Women naturally create economic power and as a group we cultivate our creativity in a way that creates passionate and powerful women who use their gifts to create financial prosperity.

For too long women have had a need for authentic, loving relationships with other women that leads to inner transformation and healing of our minds, bodies, and spirits. We are a community that nurtures and nourishes the mind, body, and spirit of women. This program is here to answer that call. Our curriculum is designed for your consistent, exciting, personal and social development. Some wounds can only be healed by the unconditional love and care of someone else. Get ready to position yourself for an amazing journey with women just like you! This movement is beyond the propaganda of sisterhood, we are living it, being it, and cultivating it to create a legacy of feminine power and grace for those who come through us. Is it work? Yes. Will it change your life? Absolutely!

Thank you for making this investment in your destiny! We welcome you!

What commitment am I ready to make?



“I’m all the way in!”

***Annual Membership: Value of \$950, Introductory Cost is \$350*

- FREE access to all monthly webinars
- FREE access to monthly Empowerment Sister Circles in Washington, DC
- Three FREE 1-on-1 coaching sessions with Thema Azize Serwa
- VIP access to all Womb Sauna events
- Access to our Mastermind calls with our network of empowerment professionals
- One complimentary Womb Sauna Vaginal Steam session

“I Manifest All that I Need!”

***6 Month Membership: Value of \$475, Introductory Cost \$185*

- 10% discount on all monthly webinars
- FREE access to monthly Empowerment Sister Circles in Washington, DC
- VIP access to all Womb Sauna events
- One FREE 1-on-1 coaching session with Thema Azize Serwa

The Womb Sauna

2015 Webinar Schedule



You will be provided appropriate discount codes for each webinar you will attend, based on your program enrollment level.

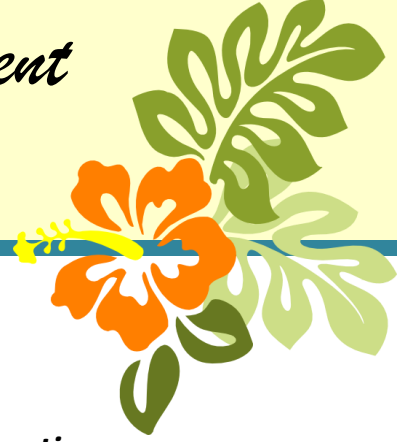
Registration must be completed through www.thewombsauna.com for the webinars under the 'Events' tab. All webinars can be accessed either online or by phone with a dial in # and passcode.

Schedule Details (8pmEST – 10pmEST)

Thurs., January 22 nd :	Your Womb Health as Your Life's GPS System
Wed., February 18 th :	Fibroids: Your Womb Grows What's Hidden
Wed., March 18 th :	PCOS: The Master Teacher of Ancestral Work
Wed., April 16 th :	The Glory of Your Cervix
Wed., May 20 th :	Release the Agitation Creating Chronic BV, Yeast, & Candida
Wed., June 17 th :	Happy Womb, Happy Period
Wed., July 22 nd :	Healing Endometriosis the Holistic Way
Wed., August 19 th :	From Infertility to In-Fertility
Wed., September 16 th :	STDs: Tools for Self-Discovery
Wed., October 21 st :	Pleasure as Medicine: Sexual Health & Expression
Wed., November 18 th :	Relationship as a Healing Act: Healing Your Lover
Wed., December 17 th :	Parenting: Returning to Rites of Passage into Motherhood

The Woman's Circle of Empowerment

Monthly Meeting Schedule



**We meet every 3rd Sunday of each month
in Washington, DC from 4pm to 6pm**

Meeting location details are provided in the registration confirmation e-mail. Each circle includes 15 minutes of meditation, sacred movement, a discussion on the topic of that circle, and activities for the group.

Schedule Details

January 18th: Self-Identification as the Catalyst

Who are you? Beyond the titles of mother, boss, preacher, teacher...when there's nothing on your things to do list, who are you? Answer this question and discover your power to create the life you want to live. This circle will give you the tools to identify yourself and know who you are.

February 15th: Unconditional Love as Medicine

Learn how to release old patterns of hurt and fear around opening your heart and allowing romantic, intimate and nurturing love to flow. Discover tools to help you get the love you want in relationships. Bring your lover or your intention for one and let's create a healing space.

March 15th: The Creativity Bootcamp: Leveraging Entrepreneurial Relationships

This circle is dedicated to the cultivating, sharing, and networking of your gifts. Bring your ideas, your marketing materials, and an open mind that's ready to create powerful connections.

April 19th: Healing Ancestral Wounds

If we are here, it is because of the way that was paved for us by our ancestors. This circle is dedicated to honoring our ancestors reflecting on the lessons we can learn from their experiences, and understanding the legacy we are here to create.

May 17th: Creating Medicinal Nutritional Habits

You are what you eat. This circle is focusing on teaching you how to understand your relationship with food and how to eat according to your body type and the foods that are the healthiest for you.

June 21st: Healing Sexual Traumas & Wounds

This circle is going to support women impacted by sexual abuse and traumas by creating a safe space for them to purge and release the energy in their bodies from those who mistreated them. Take your power back.

The Woman's Circle of Empowerment Monthly Meeting Schedule, cont'd...



Schedule Details, continued...

July 21st: Accessing the Fertile Woman Within

Learn how to understand and use your fertile energy at all stages of your life, even beyond the desire to bear children. Fertile energy is raw, unapologetic, cosmic creative energy that as a woman you have constant access to. This circle will allow you to connect with it.

August 16th: Your Womb's Cosmic Position

The map of the Universe is in your womb. Learn how to chart your womb's astrological sign and how understanding astrology can be a tool in your life and healing process.

September 20th : The Creativity Bootcamp: Leveraging Entrepreneurial Relationships

This circle is dedicated to the cultivating, sharing, and networking of your gifts. Bring your ideas, your marketing materials, and an open mind that's ready to create powerful connections.

October 18th: Your Spirituality & Rituals That Will Transform Your Life

This circle will allow us to explore our spiritual development, maturity, and daily practices for our spiritual health. We will also learn rituals that transcend religious barriers that can be incorporated in our daily living.

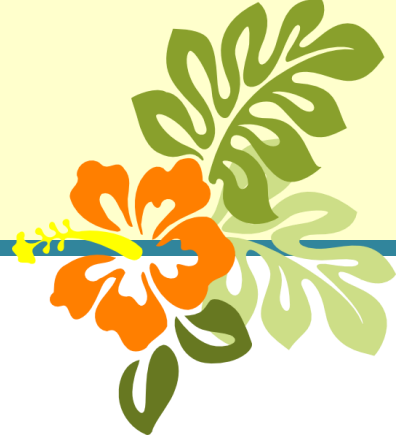
November 18th: Healing the Inner Child Within

All of us have something within us from our childhood that we can release and let go of because it has served its purpose. This circle is dedicated to celebrating our pasts and reflecting on how far we have overcome.

December 17th: End of the Year Celebration

After being so diligent this year we will end the year being festive and sharing good fellowship with one another. There will be food, music, and lots of laughter. Practice your "twerking" skills because there will be plenty of that as well. 😊

Enrollment Process



To enroll today go to

www.thewombsauna.com/events/WCOE and sign up for the Program level that resonates with you most. Once we receive your membership fee you will receive your membership letter via e-mail with instructions for your membership level access.

Interested in financing options?

E-mail info@thewombsauna.com with the subject 'Finance WCOE Membership Request' and you will receive an e-mail with instructions.

Additional Questions? Call 1-888-576-WOMB