

# 2014 WOMB MEDITATION CLASS SCHEDULE

## THE WOMB SAUNA

Ancient Herbal Steam Medicine for Women

### January 19<sup>th</sup> - Sacred Waistbeading

Learn how to adorn your womb with consecrated waistbeads and re-use ones that have popped.

### February 16<sup>th</sup>-Your Womb & Your Heart

Heart chakra cleansing and attunement to your womb to resolve emotional imbalances & insecurities in your love life.

### March 16<sup>th</sup>- Your Womb & Your Sisters

Heal the patterns that keep you from having healthy relationships with other women.

### April 20<sup>th</sup>- Your Womb & Your Fertility

Learn how to cultivate fertile energy for projects, children, and align with the Feminine Principle.

### May 18<sup>th</sup>- Your Womb & Your Mother

Create peace and blessings between your womb and the womb from whence you came. Let us honor our mothers.

### June 15<sup>th</sup>- Break for International Touring

### July 20<sup>th</sup>- Your Womb & Your Business

Network and unlock blockages of stagnation and procrastination in your desire for entrepreneurship.

### August 17<sup>th</sup>- Break for USA Touring

### September 21<sup>st</sup>- Womb Divination & Healing Rituals

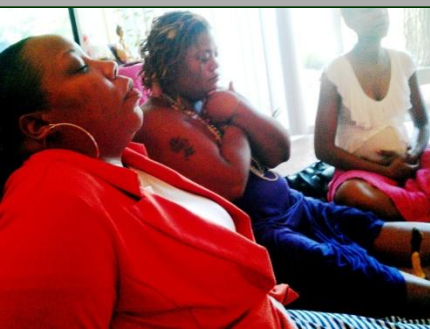
Experience Womb Divination services through tarot, pendulum, intuitive healing, and how to create rituals for womb healing.

### October 19<sup>th</sup>- Ancestral Rituals for Womb Healing

Learn how to connect with your ancestors for womb healing and a community ritual of honoring them.

### November & December- Break for Winter Equinox

**\*Classes are held in Suitland, Maryland @ 4pm\***



**Each class offers meditation, a spiritual bath, sacred movement, & transformational work & empowerment!**

**\$95 for the year or \$15 per class**

**Sign up at [www.thewombsauna.com](http://www.thewombsauna.com)**