

THE WOMB SAUNA

Ancient Herbal

Steam Medicine for Women

Offering Top of the Class Education in Wholistic Medicine



2013-2014 Program Guide

YOU CAN DO WHAT YOU ARE PASSIONATE ABOUT AND HAVE A SUCCESSFUL CAREER

The Womb Sauna University was created to support people who are passionate about supporting women in healing themselves through natural medicine. You have an opportunity to bridge the gaps between your passions and your career and do what you love for a living!



PEOPLE HEAL WHEN THEY KNOW THEIR POWER

The Womb Sauna is built on the foundational principle that every person is powerful enough to heal themselves and healing is balance between the mind, body, and spirit. As a Womb Sauna Practitioner, you coach people into their position of power through the healing modality of ancient herbal steam medicine.

INDUSTRY SNAPSHOT & YOUR OPPORTUNITY

The Womb Sauna is the pioneer in creating an industry standard for ancient herbal steam medicine. Our curriculum is comprehensive and allows you to grow as a respected professional of this field with the integrity, support, and resources of the company. As the world learns more about the power of herbal steam medicine, you will know that you were a part of bringing that awareness and medicine to women throughout the world.

WHICH CERTIFICATION LEVEL IS RIGHT FOR ME?

There are three different training levels available for you. The Self-Care Level allows you to experience the power of herbal steam medicine for yourself so you can attune to how the energetic medicine heals. The Expert Level gives you entry level training in how to develop your own mobile herbal steam business under The Womb Sauna brand and begin servicing women. The Master Level provides robust support and training in entrepreneurship for those seeking long term growth and opportunities in this industry as well as certification as a doula, aroma therapist, and herbalist.

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When You Make it to the Finish Line...



Bringing the joy into your career and into your health!

AS A GRADUATE OF THE WOMB SAUNA UNIVERSITY YOU RECEIVE:

- The Womb Sauna Practitioner Manual (Once certified at the Expert Level)
- Additional seasonal training calls with Thema Azize Serwa
- International touring opportunities (Once certified at the Master Level)
- Access to a network of alumni students all over the world
- Access to Discounted Pricing for Womb Sauna Services
- Training and resources on how to upgrade your own unique Womb Sauna kit
- Wholesale pricing on the Womb Sauna Herbal Gemstone Essence blends
- Certificate of completion in digital or print form

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2013-2014 Course Catalog

SELF-CARE LEVEL



Modules 1 through 5:

The Call to Womb Work

What's Your WombStory

Ancient Herbal Steam Medicine

Human Composition & Womb Composition

The Womb Sauna: Principles, History, Mission, & Vision



EXPERT LEVEL

Modules 6 through 8:

Natural Medicine vs Traditional Medicine

Herbal, Gemstone, & Essential Oils Medicine 101

Attunement to Intuitive Womb Healing



MASTER LEVEL

Modules 9 through 10:

Entrepreneurship Training

Womb Sauna Business Development Bootcamp

Access to Womb Sauna Holistic Health Practitioners Network

Marketing & Inventory Management Training

Additional Certifications & Apprenticeship Opportunities



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Course Descriptions

THE CALL TO WOMB WORK

Womb work is a sacred work. How do you know that you are passionately aligned with that work for the reasons that elevate you and your clients? This course walks you through understanding the current global womb crisis and how ancient herbal steam medicine is positioned within the womb crisis. There is also a detailed history of ancient herbal steam practices in various cultures. By the end of the course you will get to decide YOUR position in the global womb crisis.

WHAT'S YOUR WOMBSTORY?

Every womb has a voice and a story to tell. In order for you to successfully service other women you must first align with your own womb's story and make peace, create balance, and learn yourself how to hear the voice of your womb and how she speaks so you can lead by example.

HUMAN COMPOSITION & WOMB COMPOSITION

Learn human composition from the biopsychosocial model as well as the composition of the womb to properly map imbalances at all levels and entry points for healing energy.

THE WOMB SAUNA: PRINCIPLES, HISTORY, MISSION, & VISION

Learn how The Womb Sauna has pioneered the modern awareness of ancient herbal steam medicine and mobilized it to make it available worldwide.

NATURAL MEDICINE VS TRADITIONAL MEDICINE

Learn the advantages of both natural and traditional medicine and how to counsel your clients on which paths to take for optimal health.

HERBAL, GEMSTONE, & ESSENTIAL MEDICINES 101

Learn the basics of how to apply, create, and administer herbal, gemstone, and essential oil remedies for mind, body, and spiritual healing work.

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Course Descriptions, cont'd

ATTUNEMENT TO INTUITIVE WOMB HEALING

To be a Womb Sauna Practitioner one must be in tune with their intuitive gift. This module will teach you how to become in tune with that gift and use it as a healing instrument for your clients.

WOMB SAUNA PRACTITIONING

Learn how to prepare your own mobile womb sauna kit and start practicing the art of herbal steam medicine.

MARKETING & INVENTORY MANAGEMENT

Embrace the spirit of entrepreneurship! Part of your success as a Womb Sauna Practitioner include sound business strategies and infrastructure. This module will lay the foundation for your success!

ADDITIONAL TRAINING & APPRENTICESHIP

Go ahead and wrap your arms around yourself because you are approaching the finish line! You now have the option to work with our referral companies to obtain additional certifications for doula care, aroma therapy, and herbalism. These are for the Master Level students only and mandatory for graduation. What is also mandatory at this level is your apprenticeship which consists of servicing 3 women at no cost and uploading proof of service and testimonials of their experiences. Once your apprenticeship is completed you will be submitted into our Womb Sauna Business Development Bootcamp and have access to a network of medical professionals, other holistic professionals, and trainings that will advance your business.

